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## LAMPIRAN

### Lampiran 1. Determinasi Tanaman Ruku – Ruku



#### HERBARIUM UNIVERSITAS ANDALAS (ANDA)

Departemen Biologi FMIPA Universitas Andalas Kampus Limau Manih Padang  
Sumbang Indonesia 25163 Telp. +62-751-777427 e-mail: herbariumanda@yahoo.com

Nomor : 174/K-ID/ANDA/II/2025  
Lampiran : -  
Perihal : Hasil Identifikasi

Kepada yth,  
Apt. Aprilya Sri Rachmayanti, M. Farm  
Di  
Tempat

Dengan hormat,  
Sehubungan dengan surat permohonan determinasi sampel dari Institut Kesehatan Mitra Bunda No. 035/K/S1-FARM/IKMB/II/2025 tanggal 17 Februari 2025 di Herbarium Universitas Andalas Departemen Biologi FMIPA Universitas Andalas, kami telah membantu mengidentifikasi tumbuhan yang dibawa, dari:

Nama : Apt. Aprilya Sri Rachmayanti, M. Farm  
Instansi : Institut Kesehatan Mitra Bunda


Berikut ini diberikan hasil identifikasi yang dikeluarkan dari Herbarium Universitas Andalas.

No	Family	Spesies	Nama Lokal
1.	Arecaceae	<i>Nypa fruticans</i> Wurmbr.	Nipah
2.	Euphorbiaceae	<i>Aleurites moluccanus</i> (L.) Willd.	Kemiri
3.	Lamiaceae	<i>Ocimum tenuiflorum</i> L.	Ruku-ruku
4.	Myrtaceae	<i>Syzygium polyanthum</i> (Wight) Walp.	Salam

Demikian surat ini dibuat untuk dapat digunakan seperlunya.

Padang, 26 Februari 2025  
Kepala  
  
Dr. Nurainas  
NIP. 196908141995122001

Lampiran 2. *Ethical Clearance*



**YAYASAN HARAPAN BUNDA BATAM**  
**INSTITUT KESEHATAN MITRA BUNDA**  
**KOMITE ETIK PENELITIAN**

Jl. Seraya No 1 KOTA BATAM Telp/Fax (0778) 429431, website : <http://ikmb.ac.id>  
 SURAT KEPUTUSAN MENTERI PENDIDIKAN DAN KEBUDAYAAN REPUBLIK INDONESIA No. 284/M/2020

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**KOMITE ETIK PENELITIAN**  
**INSTITUT KESEHATAN MITRA BUNDA**  
*THE RESEARCH ETHICAL COMMITTEE INSTITUT KESEHATAN MITRA BUNDA*

**SURAT KETERANGAN**  
*ETHICAL APPROVAL*  
 No. 093/K/KEP/IKMB/VIII/2025

Komite Etik Penelitian Institut Kesehatan Mitra Bunda, menyatakan dengan ini bahwa penelitian dengan judul :  
*The Research Ethical Committee of Institut Kesehatan Mitra Bunda states hereby that the following proposal :*

“Uji Efektivitas Kombinasi Ekstrak Ruku – Ruku (*Ocimum Tenuiflorum L.*) dan Metformin Terhadap Penurunan Glukosa Mencit Putih Jantan Terinduksi Aloksan”  
*“Effectiveness Test of the Combination of Ruku-Ruku (Ocimum Tenuiflorum L.) Extract and Metformin on Alloxan-Induced Glucose Reduction in Male White Mice”*

Peneliti Utama : Muhammad Elfitho Kurniawan  
*Principal Investigator*



Lokasi Penelitian : Laboratorium Mikrobiologi  
*Research Location*

Waktu Penelitian : Juni – Agustus 2025  
*Time Schedule*

Responden/Subjek Penelitian : Hewan Percobaan (30 ekor mencit)  
*Respondent/Research Subject*

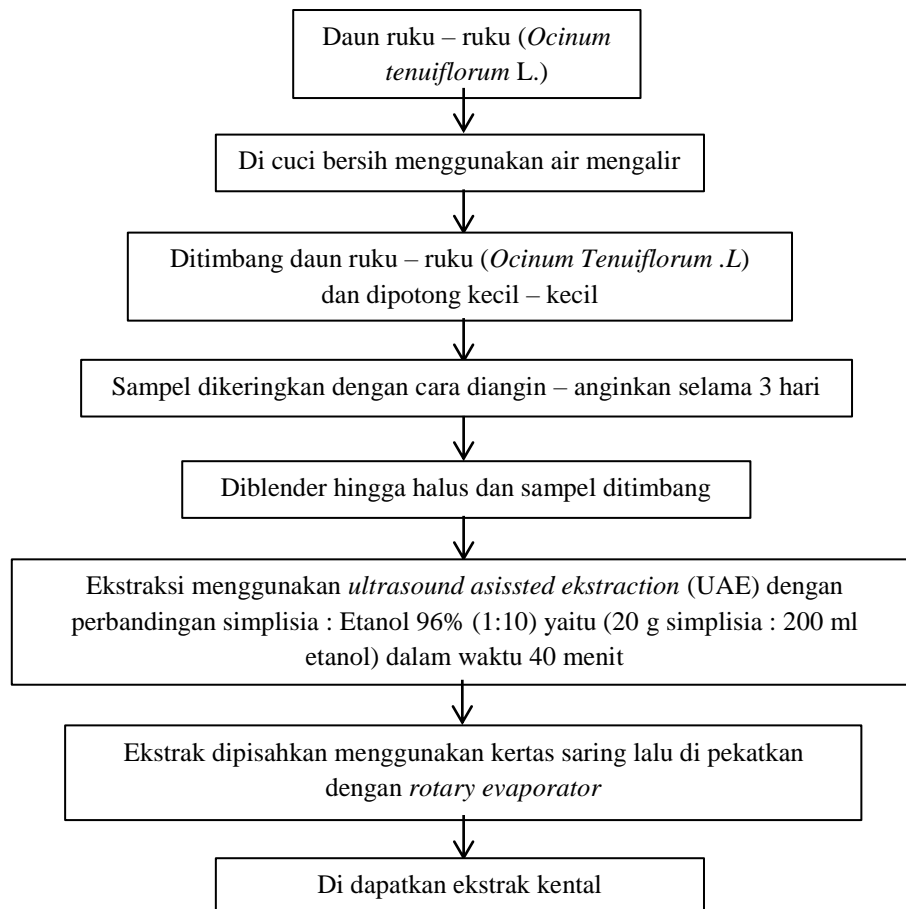
Telah melalui prosedur kaji etik dan dinyatakan layak untuk dilaksanakan  
*Has proceeded the ethichal assessment procedure and been approved fot implementation*

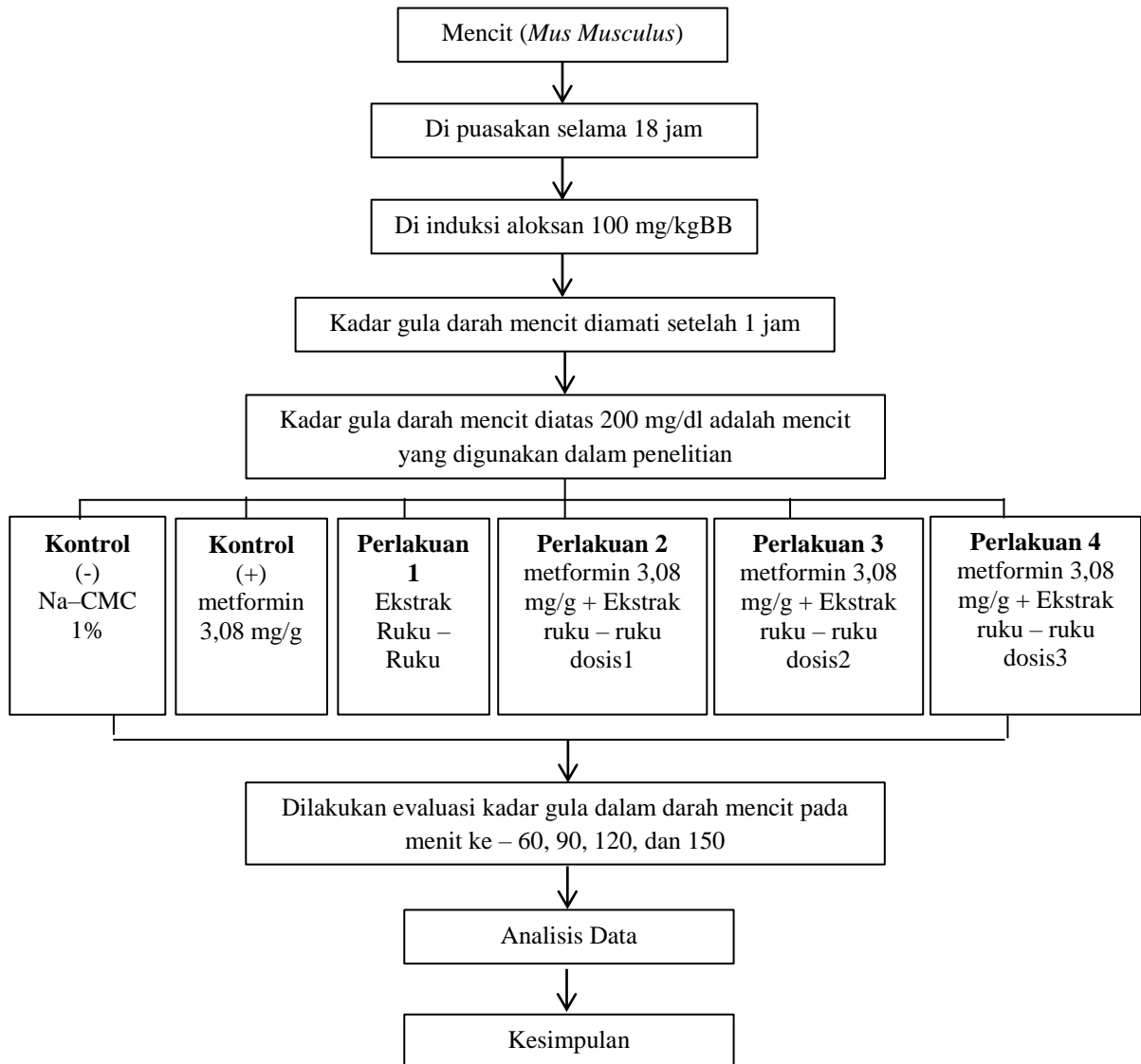
Batam, 26 Agustus 2025  
**Ketua / Chairman,**







**dr. Ibnu Rushd, M.K.M**

### Lampiran 3. Skema Kerja Pembuatan Ekstrak



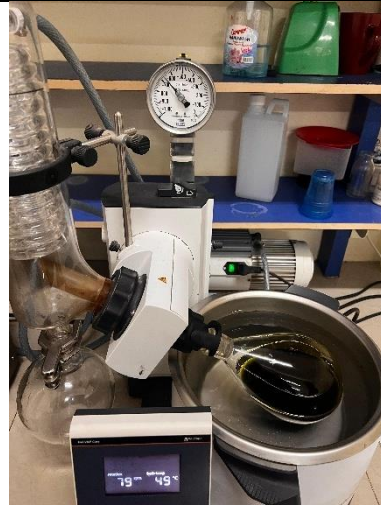
**Lampiran 4. Skema kerja Perlakuan Mencit**

**Lampiran 5. Dokumentasi Kegiatan**

	
Pengumpulan Bahan Baku	Pengeringan Sampel Daun Ruku-ruku
	
Daun ruku-ruku Setelah dihaluskan	Proses Pengayakan Sampel Ruku-ruku
	
Penimbangan Sampel Daun ruku-ruku	Proses Ultrasonifikasi Sampel



Proses Penyaringan sampel ruku-ruku dengan Ethanol



Pengentalan Sampel ruku-ruku dengan Rotary Evaporator



Penimbangan serbuk aloksan 100mg









Pembuatan larutan aloksan





Penimbangan mencit 30g



Penyuntikan larutan induksi aloksan

	
<p>Pembuatan Na-CMC</p>	<p>Pengecekan Kadar glukosa setelah diinduksi aloksan</p>
	
<p>Proses pemberian ekstrak ruku-ruku dan metformin</p>	<p>Pembuatan sediaan yang akan diberikan secara oral terhadap mencit</p>
	
<p>Hasil Pengecekan menit ke-60</p>	<p>Hasil Pengecekan menit ke-90</p>

	
<p>Hasil Pengecekan menit ke-120</p>	<p>Hasil Pengecekan menit ke-150</p>

### Lampiran 6. Perhitungan % Rendemen

Berat awal : 1230 g

Berat akhir ekstrak : 158 g

Rumus :

$$\% \text{ Rendeman} = \frac{\text{Berat Akhir}}{\text{Berat Awal}} \times 100\%$$

Perhitungan :

$$\% \text{ Rendeman} = \frac{158 \text{ g}}{1230 \text{ g}} \times 100\% = 12,8 \%$$

### Lampiran 7. Perhitungan Karakteristik Simplisia

<b>KADAR AIR</b>			
<b>Berat krus kosong (A)</b>	<b>Berat krus + ekstrak sebelum dipanaskan (B)</b>	<b>Berat krus + ekstrak setelah dipanaskan (C)</b>	<b>Kadar Air (%)</b>
60,845 g	62,845 g	62,663 g	9,1%
63,670 g	65,670 g	65,475 g	9,7%
65,490 g	67,490 g	67,325 g	8,7%

Perhitungan Kadar Air Simplisia:

$$\% \text{ Kadar Air} = \frac{(B - C)}{(B - A)} \times 100\%$$

Keterangan:

A : Berat cawan kosong

B : Berat cawan kosong + sampel sebelum pemanasan

C : Berat cawan kosong + sampel setelah pemanasan

$$\% \text{ Kadar Air 1} = \frac{(62,845 - 62,663)}{(62,845 - 60,845)} \times 100\% = 9,1 \%$$

$$\% \text{ Kadar Air 2} = \frac{(65,670 - 65,475)}{(65,670 - 63,670)} \times 100\% = 9,7 \%$$

$$\% \text{ Kadar Air 3} = \frac{(67,490 - 67,325)}{(67,490 - 65,490)} \times 100\% = 8,7 \%$$

$$\% \text{ Rata - Rata Kadar Air} = \frac{(9,1 + 9,7 + 8,7)}{3} = 9,1 \%$$

<b>SUSUT PENGERINGAN</b>			
<b>Berat krus kosong (A)</b>	<b>Berat krus + ekstrak sebelum dipanaskan (B)</b>	<b>Berat krus + ekstrak setelah dipanaskan (C)</b>	<b>Susut pengeringan (%)</b>
63,890 g	65,890 g	65,735 g	7,75%
67,320 g	69,320 g	69,195 g	6,25%
60,795 g	62,795 g	62,640 g	7,75%

Perhitungan Susut Pengeringan Simplisia:

$$\% \text{ Susut Pengeringan} = \frac{(B - A) - (C - A)}{(B - A)} \times 100\%$$

Keterangan:

A : Berat cawan kosong

B : Berat cawan kosong + sampel sebelum pemanasan

C : Berat cawan kosong + sampel setelah pemanasan

$$\% \text{Susut Pengeringan 1} = \frac{(65,890 - 63,890) - (65,735 - 63,890)}{(65,890 - 63,890)} \times 100\% = 7,75 \%$$

$$\% \text{Susut Pengeringan 2} = \frac{(69,320 - 67,320) - (69,195 - 67,320)}{(69,320 - 67,320)} \times 100\% = 6,25 \%$$

$$\% \text{Susut Pengeringan 3} = \frac{(62,795 - 60,795) - (62,640 - 60,795)}{(62,795 - 60,795)} \times 100\% = 7,75 \%$$

$$\% \text{Rata - Rata Susut Pengeringan} = \frac{(7,75 + 6,25 + 7,75)}{3} = 7,25 \%$$

<b>KADAR ABU</b>			
<b>Berat krus kosong (A)</b>	<b>Berat krus + ekstrak sebelum di oven (B)</b>	<b>Berat krus + ekstrak setelah di oven (C)</b>	<b>Kadar Abu (%)</b>
65,830 g	67,830 g	66,028 g	9,9%
67,480 g	69,480 g	67,663 g	9,15%
60,890 g	62,890 g	61,077 g	9,35%

Perhitungan Kadar Abu Simplisia:

$$\% \text{Kadar Abu Total} = \frac{(C - A)}{(B - A)} \times 100\%$$

Keterangan:

A : Berat krush kosong

B : Berat krush kosong + sampel sebelum pemanasan

C : Berat krush kosong + sampel setelah pemanasan





$$\% \text{Kadar Abu Total 1} = \frac{(66,032 - 65,830)}{(67,830 - 65,830)} \times 100\% = 9,9 \%$$


$$\% \text{ Kadar Abu Total 2} = \frac{(67,663 - 67,480)}{(69,480 - 67,480)} \times 100\% = 9,15 \%$$

$$\% \text{ Kadar Abu Total 3} = \frac{(61,077 - 60,890)}{(62,890 - 60,890)} \times 100\% = 9,35 \%$$

$$\% \text{ Rata - Rata Kadar Abu Total} = \frac{(9,9\% + 9,15\% + 9,35\%)}{3} = 9,46 \%$$

### Lampiran 8. Skrining Fitokimia Daun Ruku – Ruku

No.	Pemeriksaan	Reagen	Hasil Uji	Gambar
1.	Alkaloid	Reagen Mayer	(+)	
5	Flavonoid	HCl Pekat + Serbuk Mg	(+)	
6	Tanin	FeCl3	(+)	
4.	Saponin	Aquadest panas + HCl Pekat	(+)	

No.	Pemeriksaan	Reagen	Hasil Uji	Gambar
5.	Triterpenoid/Steroid	CH <sub>3</sub> COOH dan H <sub>2</sub> SO <sub>4</sub>	(+)	

## Lampiran 9. Perhitungan Dosis

### 3. Perhitungan Larutan Aloksan

Ditimbang aloksan 100mg, larutkan dengan NaCl 0,9% dalam beaker glass sebanyak 20 ml, aduk sampai homogen.

- Dosis Alloxan 100 mg/kgBB Tikus

Konversi dosis ke mencit =  $100 \text{ mg/kgBB} \times \frac{6}{3} = 200 \text{ mg/kgBB mencit}$

Maka, dosis Alloxan untuk mencit : 200 mg/kgBB mencit

- Larutan stok

$$= \frac{200}{1000 \text{ gr}} \times 39 = 7.8 \text{ mg}$$

Akan dibuat dalam 20 ml, maka :

$$7,8 \text{ mg} \times 20 \text{ ml} = 156 \text{ mg} = 0,156 \text{ gram/ml}$$

### 4. Perhitungan Larutan Kontrol Negatif Na-CMC 1%

Ditimbang Na-CMC sebanyak 1 gram, larutkan dalam aquadest panas, aduk hingga homogen.

### 3. Perhitungan Larutan Kontrol Positif Metformin

$$\text{HED} \left( \frac{\text{mg}}{\text{kg}} \right) = \text{Animal dose} \left( \frac{\text{mg}}{\text{kg}} \right) \times \frac{\text{animal Km}}{\text{human KM}}$$

Diketahui :

1. KM mencit = 3
2. KM manusia = 37
3. Berat Etiket = 500mg/tablet
4. Dosis metformin Pada Manusia = 500 mg

$$\text{HED } 500 \text{ mg}/60 \text{ kg BB} = \text{animal dose} \times 37/3$$

$$8,33 \text{ mg/kg} = \text{animal dose} \times 37/3$$

$$\text{Animal dose} = 8,33 \text{ mg/kg} \times 37/3$$

$$\text{Animal dose} = 102,7 \text{ mg/kg}$$

$$102,7 \text{ mg/kg} \div 1000 = 0,1027 \text{ mg/g}$$

$$0,1027 \text{ mg/g} \times 30\text{g} = 3,08\text{mg} / 30 \text{ g}$$

Jadi dosis metformin yang digunakan untuk hewan percobaan mencit adalah 3,08 mg / mencit 30 g

#### 4. Perhitungan Larutan Stok

Ditimbang 10 tablet metformin 500 mg, dihaluskan hitung bobot rata-rata 10 tablet.

$$= \frac{585 + 595 + 580 + 570 + 585 + 590 + 570 + 570 + 580 + 570}{10} = 579,5\text{mg}$$

$$\text{Larutan stok} = \frac{\text{Volume yang diinginkan}}{\text{Volume max mencit}} \times \text{dosis berat max mencit}$$

$$= \frac{30 \text{ ml}}{1 \text{ ml}} \times 3,08 \text{ mg} = 92,4 \text{ mg}$$

Dosis obat metformin yang dibutuhkan untuk 30 ml larutan adalah 92,4mg.

$$\text{Berat obat yang ditimbang} = \frac{92,4 \text{ mg}}{500 \text{ mg}} \times 579,5 \text{ mg} = 107,1 \text{ mg}$$

Lalu disuspensikan dalam 30ml larutan Na-CMC 1%

## 5. Volume Pemberian

$$Vp = \frac{\text{Berat hewan yang ingin diberikan}}{\text{Berat hewan coba maksimal}} \times Vp \text{ oral}$$

### 1. Kontrol Positif Metformin

- a. Mencit I dengan BB 24

$$\frac{24}{30} \times 1 \text{ ml} = 0,8 \text{ ml}$$

- b. Mencit II dengan BB 25

$$\frac{25}{30} \times 1 \text{ ml} = 0,83 \text{ ml}$$

- c. Mencit III dengan BB 20

$$\frac{20}{30} \times 1 \text{ ml} = 0,66 \text{ ml}$$

- d. Mencit IV dengan BB 27

$$\frac{27}{30} \times 1 \text{ ml} = 0,9 \text{ ml}$$

- e. Mencit V dengan BB 30

$$\frac{30}{30} \times 1 \text{ ml} = 1 \text{ ml}$$

### 2. Kontrol Negatif Na-CMC

- a. Mencit I dengan BB 26

$$\frac{26}{30} \times 1 \text{ ml} = 0,86 \text{ ml}$$

- b. Mencit II dengan BB 26

$$\frac{26}{30} \times 1 \text{ ml} = 0,86 \text{ ml}$$

- c. Mencit III dengan BB 24

$$\frac{24}{30} \times 1 \text{ ml} = 0,8 \text{ ml}$$

d. Mencit IV dengan BB 27

$$\frac{27}{30} \times 1 \text{ ml} = 0,9 \text{ ml}$$

e. Mencit V dengan BB 25

$$\frac{25}{30} \times 1 \text{ ml} = 0,83 \text{ ml}$$

3. Dosis Esktrak Ruku-ruku

Dosis 1 = 100 mg/KgBB

Dosis 2 = 200 mg/KgBB

Dosis 3 = 300 mg/KgBB

a. Dosis 1 = 100 mg/KgBB

$$\frac{30}{1000} \times 100 \text{ mg} = 3 \text{ mg/mencit } 30\text{g}$$

b. Dosis 2 = 200 mg/KgBB

$$\frac{30}{1000} \times 200 \text{ mg} = 6 \text{ mg/mencit } 30\text{g}$$

c. Dosis 3 = 300 mg/KgBB

$$\frac{30}{1000} \times 300 \text{ mg} = 9 \text{ mg/mencit } 30\text{g}$$

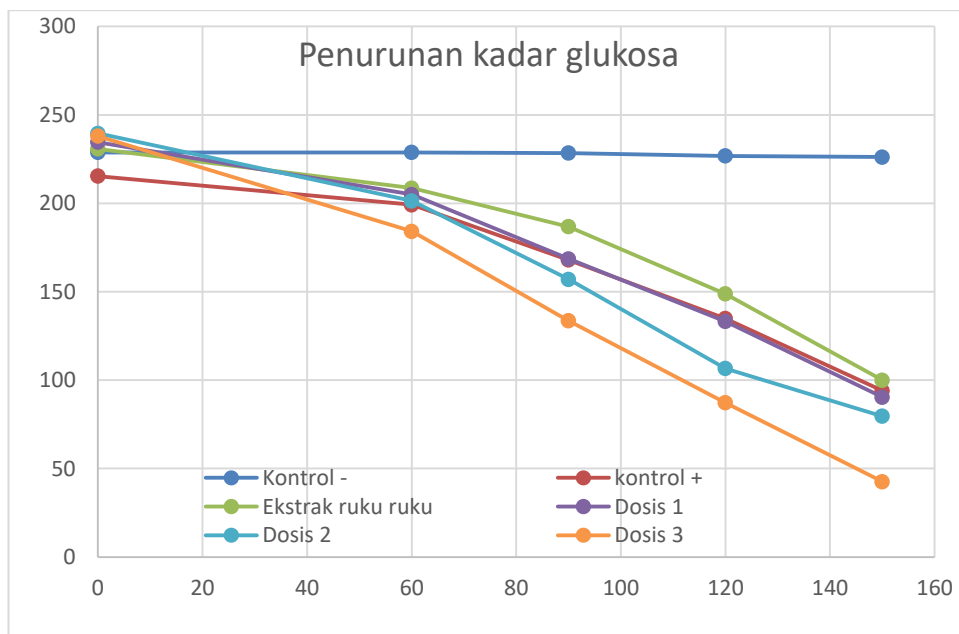
## Lampiran 10. Hasil Uji Aktivitas Antidiabetes Pada Mencit Hiperglikemik

### 1. Tabel Kadar Glukosa Darah Pada Mencit Hiperglikemik

Kadar glukosa darah pada mencit hiperglikemik (mg/dL)						
Perlakuan	mencit	0 jam	60 menit	90 menit	120 menit	150 menit
Kontrol Negatif (Na-CMC)	1	222	222	221	221	220
Kontrol Negatif (Na-CMC)	2	254	252	252	250	250
Kontrol Negatif (Na-CMC)	3	217	223	223	220	220
Kontrol Negatif (Na-CMC)	4	252	251	250	249	247
Kontrol Negatif (Na-CMC)	5	199	196	196	194	194
Mean		228.8	228.8	228.4	226.8	226.2
Std		23.70	23.38	23.22	23.38	22.98
Kontrol Positif (metformin)	1	201	188	162	133	96
Kontrol Positif (metformin)	2	198	188	142	119	88
Kontrol Positif (metformin)	3	212	200	186	154	101
Kontrol Positif (metformin)	4	220	199	172	135	99
Kontrol Positif (metformin)	5	246	221	178	133	86
Mean		215.4	199.2	168	134.8	94
Std		19.23	13.48	16.97	12.50	6.67
Ekstrak Ruku-ruku	1	225	203	186	133	89
Ekstrak Ruku-ruku	2	235	212	190	169	117
Ekstrak Ruku-ruku	3	224	203	186	145	93
Ekstrak Ruku-ruku	4	244	219	193	156	109
Ekstrak Ruku-ruku	5	226	206	179	141	92
Mean		230.8	208.6	186.8	148.8	100
Std		8.58	6.88	5.26	14.01	12.29
Dosis 1 (Ekstrak Ruku-ruku + metformin)	1	201	172	135	101	82
Dosis 1 (Ekstrak Ruku-ruku + metformin)	2	253	232	200	158	96
Dosis 1 (Ekstrak Ruku-ruku + metformin)	3	254	220	176	132	90
Dosis 1 (Ekstrak Ruku-ruku + metformin)	4	238	198	154	119	91
Dosis 1 (Ekstrak Ruku-ruku +	5	227	203	178	156	93

metformin)						
Mean		234.6	205	168.6	133.2	90.4
Std		21.87	22.89	24.86	24.37	5.22
Dosis 2 (Ekstrak Ruku-ruku + metformin)	1	245	210	164	113	83
Dosis 2 (Ekstrak Ruku-ruku + metformin)	2	264	212	160	117	84
Dosis 2 (Ekstrak Ruku-ruku + metformin)	3	234	199	159	102	79
Dosis 2 (Ekstrak Ruku-ruku + metformin)	4	231	199	161	101	80
Dosis 2 (Ekstrak Ruku-ruku + metformin)	5	224	187	141	100	72
Mean		239.6	201.4	157	106.6	79.6
Std		15.60	10.06	9.14	7.83	4.72
Dosis 3 (Ekstrak Ruku-ruku + metformin)	1	254	203	154	98	63
Dosis 3 (Ekstrak Ruku-ruku + metformin)	2	239	188	143	90	50
Dosis 3 (Ekstrak Ruku-ruku + metformin)	3	218	141	96	72	20
Dosis 3 (Ekstrak Ruku-ruku + metformin)	4	244	200	154	89	40
Dosis 3 (Ekstrak Ruku-ruku + metformin)	5	235	189	121	87	40
Mean		238	184.2	133.6	87.2	42.6
Std		13.25	25.03	24.97	9.47	15.77

## 2. Grafik Penurunan Kadar Glukosa Darah Pada Mencit Hiperlikemik



## 3. Tabel Selisih Penurunan Kadar Gula Darah Dari Waktu Ke Waktu Pada Mencit

Selisih Penurunan Kadar glukosa darah pada mencit hiperlikemik						
Perlakuan	Waktu (Menit)					Total Penurunan Kadar gula
	0	60	90	120	150	
Kontrol -	0	+0	+0.4	+1.6	+0.6	+2,6
Kontrol +	0	+16.2	+31.2	+33.2	+40.8	+121,4
Ekstrak ruku – ruku	0	+22.2	+21.8	+38	+48.8	+130,8
Dosis 1 + metformin	0	+16.2	+31.2	+33.2	+40.8	+121,4
Dosis 2 + metformin	0	+38.2	+44.4	+50.4	+27	+160
Dosis 3 + metformin	0	+53.8	+50.6	+46.4	+44.6	+195.4

## Lampiran 11. Analisis Data Anova

### 1. Pengujian Repeated measures ANOVA

#### Mauchly's Test of Sphericity<sup>a</sup>

Measure: MEASURE\_1

Within Subjects Effect	Mauchly's W	Approx. Chi-Square	df	Sig.	Epsilon <sup>b</sup>		
					Greenhouse-Geisser	Huynh-Feldt	Lower-bound
waktu	.221	33.831	9	.000	.626	.850	.250

Tests the null hypothesis that the error covariance matrix of the orthonormalized transformed dependent variables is proportional to an identity matrix.

a. Design: Intercept + Perlakuan  
Within Subjects Design: waktu

b. May be used to adjust the degrees of freedom for the averaged tests of significance. Corrected tests are displayed in the Tests of Within-Subjects Effects table.

#### Tests of Within-Subjects Effects

Measure: MEASURE\_1

Source		Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
waktu	Sphericity Assumed	291620.427	4	72905.107	1035.155	.000	.977
	Greenhouse-Geisser	291620.427	2.504	116473.281	1035.155	.000	.977
	Huynh-Feldt	291620.427	3.401	85740.941	1035.155	.000	.977
	Lower-bound	291620.427	1.000	291620.427	1035.155	.000	.977
waktu * Perlakuan	Sphericity Assumed	67841.573	20	3392.079	48.163	.000	.909
	Greenhouse-Geisser	67841.573	12.519	5419.189	48.163	.000	.909
	Huynh-Feldt	67841.573	17.006	3989.296	48.163	.000	.909
	Lower-bound	67841.573	5.000	13568.315	48.163	.000	.909
Error(waktu)	Sphericity Assumed	6761.200	96	70.429			
	Greenhouse-Geisser	6761.200	60.090	112.518			
	Huynh-Feldt	6761.200	81.628	82.829			
	Lower-bound	6761.200	24.000	281.717			

## Pairwise Comparisons

Measure: MEASURE\_1

(I) Perlakuan	(J) Perlakuan	Mean Difference (I-J)	Std. Error	Sig. <sup>b</sup>	95% Confidence Interval for Difference <sup>b</sup>	
					Lower Bound	Upper Bound
Kontrol -	Kontrol +	65.520*	9.579	.000	34.307	96.733
	ekstrak ruku-ruku 100 mg	52.800*	9.579	.000	21.587	84.013
	metformin + ekstrak ruku-ruku 100mg	61.440*	9.579	.000	30.227	92.653
	metformin + ekstrak ruku-ruku 200mg	70.960*	9.579	.000	39.747	102.173
	metformin + ekstrak ruku-ruku 300mg	87.720*	9.579	.000	56.507	118.933
kontrol +	Kontrol -	-65.520*	9.579	.000	-96.733	-34.307
	ekstrak ruku-ruku 100 mg	-12.720	9.579	1.000	-43.933	18.493
	metformin + ekstrak ruku-ruku 100mg	-4.080	9.579	1.000	-35.293	27.133
	metformin + ekstrak ruku-ruku 200mg	5.440	9.579	1.000	-25.773	36.653
	metformin + ekstrak ruku-ruku 300mg	22.200	9.579	.440	-9.013	53.413
ekstrak ruku-ruku 100 mg	Kontrol -	-52.800*	9.579	.000	-84.013	-21.587
	kontrol +	12.720	9.579	1.000	-18.493	43.933
	metformin + ekstrak ruku-ruku 100mg	8.640	9.579	1.000	-22.573	39.853
	metformin + ekstrak ruku-ruku 200mg	18.160	9.579	1.000	-13.053	49.373
	metformin + ekstrak ruku-ruku 300mg	34.920*	9.579	.019	3.707	66.133
metformin + ekstrak ruku-ruku 100mg	Kontrol -	-61.440*	9.579	.000	-92.653	-30.227
	kontrol +	4.080	9.579	1.000	-27.133	35.293
	ekstrak ruku-ruku 100 mg	-8.640	9.579	1.000	-39.853	22.573
	metformin + ekstrak ruku-ruku 200mg	9.520	9.579	1.000	-21.693	40.733
	metformin + ekstrak ruku-ruku 300mg	26.280	9.579	.170	-4.933	57.493
metformin + ekstrak ruku-ruku 200mg	Kontrol -	-70.960*	9.579	.000	-102.173	-39.747
	kontrol +	-5.440	9.579	1.000	-36.653	25.773
	ekstrak ruku-ruku 100 mg	-18.160	9.579	1.000	-49.373	13.053
	metformin + ekstrak ruku-ruku 100mg	-9.520	9.579	1.000	-40.733	21.693
	metformin + ekstrak ruku-ruku 300mg	16.760	9.579	1.000	-14.453	47.973
metformin + ekstrak ruku-ruku 300mg	Kontrol -	-87.720*	9.579	.000	-118.933	-56.507
	kontrol +	-22.200	9.579	.440	-53.413	9.013
	ekstrak ruku-ruku 100 mg	-34.920*	9.579	.019	-66.133	-3.707
	metformin + ekstrak ruku-ruku 100mg	-26.280	9.579	.170	-57.493	4.933
	metformin + ekstrak ruku-ruku 200mg	-16.760	9.579	1.000	-47.973	14.453

Based on estimated marginal means

\*. The mean difference is significant at the .05 level.

b. Adjustment for multiple comparisons: Bonferroni.

### Pairwise Comparisons

Measure: MEASURE\_1

(I) waktu	(J) waktu	Mean Difference (I-J)	Std. Error	Sig. <sup>b</sup>	95% Confidence Interval for Difference <sup>b</sup>	
					Lower Bound	Upper Bound
1	2	26.667 <sup>*</sup>	1.408	.000	22.317	31.017
	3	57.467 <sup>*</sup>	2.206	.000	50.650	64.283
	4	91.633 <sup>*</sup>	2.432	.000	84.117	99.150
	5	123.267 <sup>*</sup>	2.543	.000	115.408	131.125
2	1	-26.667 <sup>*</sup>	1.408	.000	-31.017	-22.317
	3	30.800 <sup>*</sup>	1.476	.000	26.239	35.361
	4	64.967 <sup>*</sup>	2.211	.000	58.134	71.800
	5	96.600 <sup>*</sup>	2.609	.000	88.536	104.664
3	1	-57.467 <sup>*</sup>	2.206	.000	-64.283	-50.650
	2	-30.800 <sup>*</sup>	1.476	.000	-35.361	-26.239
	4	34.167 <sup>*</sup>	1.871	.000	28.383	39.950
	5	65.800 <sup>*</sup>	2.693	.000	57.478	74.122
4	1	-91.633 <sup>*</sup>	2.432	.000	-99.150	-84.117
	2	-64.967 <sup>*</sup>	2.211	.000	-71.800	-58.134
	3	-34.167 <sup>*</sup>	1.871	.000	-39.950	-28.383
	5	31.633 <sup>*</sup>	1.760	.000	26.194	37.073
5	1	-123.267 <sup>*</sup>	2.543	.000	-131.125	-115.408
	2	-96.600 <sup>*</sup>	2.609	.000	-104.664	-88.536
	3	-65.800 <sup>*</sup>	2.693	.000	-74.122	-57.478
	4	-31.633 <sup>*</sup>	1.760	.000	-37.073	-26.194

Based on estimated marginal means

\*. The mean difference is significant at the .05 level.

b. Adjustment for multiple comparisons: Bonferroni.

### Levene's Test of Equality of Error Variances<sup>a</sup>

		Levene Statistic	df1	df2	Sig.
menit_0	Based on Mean	1.263	5	24	.312
	Based on Median	.718	5	24	.616
	Based on Median and with adjusted df	.718	5	20.627	.617
	Based on trimmed mean	1.231	5	24	.325
menit_60	Based on Mean	1.397	5	24	.261
	Based on Median	.834	5	24	.539
	Based on Median and with adjusted df	.834	5	14.840	.546
	Based on trimmed mean	1.293	5	24	.300
menit_90	Based on Mean	2.762	5	24	.042
	Based on Median	1.262	5	24	.312
	Based on Median and with adjusted df	1.262	5	16.714	.326
	Based on trimmed mean	2.706	5	24	.045
menit_120	Based on Mean	2.229	5	24	.084
	Based on Median	1.506	5	24	.225
	Based on Median and with adjusted df	1.506	5	17.918	.237
	Based on trimmed mean	2.305	5	24	.076
menit_150	Based on Mean	3.561	5	24	.015
	Based on Median	1.611	5	24	.195
	Based on Median and with adjusted df	1.611	5	12.382	.229
	Based on trimmed mean	3.640	5	24	.014

Tests the null hypothesis that the error variance of the dependent variable is equal across groups.

a. Design: Intercept + Perlakuan  
Within Subjects Design: WAKTU

### Tests of Normality

Perlakuan	Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk			
	Statistic	df	Sig.	Statistic	df	Sig.	
menit_0	Kontrol -	.236	5	.200 <sup>*</sup>	.901	5	.418
	kontrol +	.205	5	.200 <sup>*</sup>	.900	5	.410
	ekstrak ruku-ruku 100 mg	.312	5	.126	.837	5	.156
	metformin + ekstrak ruku-ruku 100mg	.200	5	.200 <sup>*</sup>	.900	5	.411
	metformin + ekstrak ruku-ruku 200mg	.240	5	.200 <sup>*</sup>	.923	5	.547
	metformin + ekstrak ruku-ruku 300mg	.210	5	.200 <sup>*</sup>	.970	5	.877
menit_60	Kontrol -	.229	5	.200 <sup>*</sup>	.894	5	.378
	kontrol +	.276	5	.200 <sup>*</sup>	.848	5	.189
	ekstrak ruku-ruku 100 mg	.247	5	.200 <sup>*</sup>	.867	5	.254
	metformin + ekstrak ruku-ruku 100mg	.180	5	.200 <sup>*</sup>	.974	5	.902
	metformin + ekstrak ruku-ruku 200mg	.206	5	.200 <sup>*</sup>	.917	5	.508
	metformin + ekstrak ruku-ruku 300mg	.360	5	.033	.776	5	.051
menit_90	Kontrol -	.224	5	.200 <sup>*</sup>	.906	5	.446
	kontrol +	.193	5	.200 <sup>*</sup>	.951	5	.747
	ekstrak ruku-ruku 100 mg	.240	5	.200 <sup>*</sup>	.952	5	.751
	metformin + ekstrak ruku-ruku 100mg	.217	5	.200 <sup>*</sup>	.971	5	.884
	metformin + ekstrak ruku-ruku 200mg	.387	5	.014	.745	5	.026
	metformin + ekstrak ruku-ruku 300mg	.247	5	.200 <sup>*</sup>	.868	5	.258
menit_120	Kontrol -	.229	5	.200 <sup>*</sup>	.894	5	.378
	kontrol +	.294	5	.184	.902	5	.423
	ekstrak ruku-ruku 100 mg	.207	5	.200 <sup>*</sup>	.967	5	.855
	metformin + ekstrak ruku-ruku 100mg	.225	5	.200 <sup>*</sup>	.923	5	.549
	metformin + ekstrak ruku-ruku 200mg	.322	5	.100	.822	5	.121
	metformin + ekstrak ruku-ruku 300mg	.292	5	.191	.903	5	.429
menit_150	Kontrol -	.217	5	.200 <sup>*</sup>	.905	5	.440
	kontrol +	.218	5	.200 <sup>*</sup>	.895	5	.385
	ekstrak ruku-ruku 100 mg	.316	5	.116	.854	5	.208
	metformin + ekstrak ruku-ruku 100mg	.269	5	.200 <sup>*</sup>	.921	5	.537
	metformin + ekstrak ruku-ruku 200mg	.249	5	.200 <sup>*</sup>	.896	5	.389
	metformin + ekstrak ruku-ruku 300mg	.235	5	.200 <sup>*</sup>	.965	5	.844

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

## Post Hoc Tests

### Post Hoc Tests

#### Multiple Comparisons

Measure: MEASURE\_1

Bonferroni

(I) Perlakuan	(J) Perlakuan	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
Kontrol -	kontrol +	65.5200*	9.81876	.000	33.5267	97.5133
	ekstrak ruku-ruku 100 mg	52.8000*	9.81876	.000	20.8067	84.7933
	metformin + ekstrak ruku-ruku 100mg	61.4400*	9.81876	.000	29.4467	93.4333
	metformin + ekstrak ruku-ruku 200mg	70.9600*	9.81876	.000	38.9667	102.9533
	metformin + ekstrak ruku-ruku 300mg	90.6800*	9.81876	.000	58.6867	122.6733
kontrol +	Kontrol -	-65.5200*	9.81876	.000	-97.5133	-33.5267
	ekstrak ruku-ruku 100 mg	-12.7200	9.81876	1.000	-44.7133	19.2733
	metformin + ekstrak ruku-ruku 100mg	-4.0800	9.81876	1.000	-36.0733	27.9133
	metformin + ekstrak ruku-ruku 200mg	5.4400	9.81876	1.000	-26.5533	37.4333
	metformin + ekstrak ruku-ruku 300mg	25.1600	9.81876	.256	-6.8333	57.1533
ekstrak ruku-ruku 100 mg	Kontrol -	-52.8000*	9.81876	.000	-84.7933	-20.8067
	kontrol +	12.7200	9.81876	1.000	-19.2733	44.7133
	metformin + ekstrak ruku-ruku 100mg	8.6400	9.81876	1.000	-23.3533	40.6333
	metformin + ekstrak ruku-ruku 200mg	18.1600	9.81876	1.000	-13.8333	50.1533
	metformin + ekstrak ruku-ruku 300mg	37.8800*	9.81876	.011	5.8867	69.8733
metformin + ekstrak ruku-ruku 100mg	Kontrol -	-61.4400*	9.81876	.000	-93.4333	-29.4467
	kontrol +	4.0800	9.81876	1.000	-27.9133	36.0733
	ekstrak ruku-ruku 100 mg	-8.6400	9.81876	1.000	-40.6333	23.3533
	metformin + ekstrak ruku-ruku 200mg	9.5200	9.81876	1.000	-22.4733	41.5133
	metformin + ekstrak ruku-ruku 300mg	29.2400	9.81876	.098	-2.7533	61.2333
metformin + ekstrak ruku-ruku 200mg	Kontrol -	-70.9600*	9.81876	.000	-102.9533	-38.9667
	kontrol +	-5.4400	9.81876	1.000	-37.4333	26.5533
	ekstrak ruku-ruku 100 mg	-18.1600	9.81876	1.000	-50.1533	13.8333
	metformin + ekstrak ruku-ruku 100mg	-9.5200	9.81876	1.000	-41.5133	22.4733
	metformin + ekstrak ruku-ruku 300mg	19.7200	9.81876	.840	-12.2733	51.7133
metformin + ekstrak ruku-ruku 300mg	Kontrol -	-90.6800*	9.81876	.000	-122.6733	-58.6867
	kontrol +	-25.1600	9.81876	.256	-57.1533	6.8333
	ekstrak ruku-ruku 100 mg	-37.8800*	9.81876	.011	-69.8733	-5.8867
	metformin + ekstrak ruku-ruku 100mg	-29.2400	9.81876	.098	-61.2333	2.7533
	metformin + ekstrak ruku-ruku 200mg	-19.7200	9.81876	.840	-51.7133	12.2733

Based on observed means.

The error term is Mean Square(Error) = 241.020.

\*. The mean difference is significant at the .05 level.