

**ASUHAN KEPERAWATAN ANAK DEMAM TIFOID PADA AN. F DAN AN. K
DENGAN MASALAH KEPERAWATAN DEFISIT NUTRISI
DI RUANG TERATAI RUMAH SAKIT
HARAPAN BUNDA BATAM
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Kata Kunci : Asuhan Keperawatan Anak, Demam Tifoid : Defisit Nutrisi

INTISARI

Data World Health Organization (WHO) memperkirakan 11 juta kasus demam tifoid terjadi setiap tahunnya secara global dengan 110 ribu kasus kematian setiap tahunnya, Sebagian besar kasus ditemukan di negara-negara Afrika Sub-Sahara, Asia selatan dan Asia Tenggara (World Health Organization, 2023). Tujuan umum dari penelitian adalah mampu melaksanakan asuhan keperawatan pada pasien demam tifoid dengan masalah keperawatan defisit nutrisi di rumah sakit harapan bunda batam. Penelitian termasuk peneliti deskriptif dengan rencana studi kasus yang dilakukan selama 3 hari pada dua klien dengan masalah keperawatan Defisit Nutrisi. Penelitian ini menggunakan metode kasus dengan melakukan wawancara sesuai format asuhan keperawatan anak. Data pengkajian yang didapat pada kedua klien 1 dan klien 2 yaitu Defisit Nutrisi. Data subjektif: klien demam, lemas, nyeri kepala, mual muntah, nafsu makan berkurang. Data objektif: akral hangat, badan lemas, pusing, mukosa bibir kering. Perencanaan keperawatan sesuai dengan tujuan kriteria hasil yaitu porsi makan yang dihabiskan meningkat, rencana tindakan dengan Manajemen Nutrisi. Tindakan keperawatan dilakukan sesuai dengan perencanaan. Dalam catatan evaluasi, Peneliti menyesuaikan hasil yang didapat dengan tujuan dan kriteria hasil. Berdasarkan hasil asuhan keperawatan yang telah diberikan, telah memberikan dampak positif bagi kondisi kedua klien yakni terjadinya peningkatan berat badan dan menambah pengetahuan keluarga kedua klien tentang gizi seimbang makanan pada anak.

**NURSING CARE FOR CHILDREN WITH TYPHID FEVER IN AN. F AND AN. K
WITH NURSING PROBLEMS OF NUTRITION DEFICIT
IN LOTUS ROOM THE HOSPITAL
MOTHER'S HOPE OF BATAM
YEAR 2024**

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ABSTRACT

Data from the World Health Organization (WHO) estimates that 11 million cases of typhoid fever occur annually globally with 110 thousand deaths each year. Most cases are found in Sub-Saharan African countries, South Asia and Southeast Asia (World Health Organization, 2023). The general aim of the research is to be able to carry out nursing care for typhoid fever patients with nutritional deficit nursing problems at Harapan Bunda Hospital, Batam. The research included descriptive research with a case study plan conducted over 3 days on two clients with nutritional deficit nursing problems. This research uses a case method by conducting interviews according to the pediatric nursing care format. The assessment data obtained for both client 1 and client 2 was nutritional deficit. Subjective data: client has fever, weakness, headache, nausea, vomiting, decreased appetite. Objective data: warm acral, body weakness, dizziness, dry lip mucosa. Nursing planning is in accordance with the objectives of the outcome criteria, namely increasing the portion of food consumed, action plans with Nutrition Management. Nursing actions are carried out according to plan. In the evaluation notes, the author adjusts the results obtained to the objectives and result criteria. Based on the results of nursing care that have been explained, it is hoped that families and hospitals can be used as learning materials and reference materials in providing nursing care to typhoid fever clients with nutritional deficits.



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