

***Institut Kesehatan Mitra Bunda Batam  
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***Program Studi : Profesi Ners***

***Judul : Asuhan Keperawatan Gerontik Pada Tn.S Penderita Hipertensi Dengan Penerapan Terapi Seduhan Bawang Putih Di Wilayah Kerja Puskesmas Tanjung Buntung Kota Batam Tahun 2024***

xvii + 115 Halaman + 20 Tabel + 5 Gambar + 2 Skema + 12 Lampiran

### ***ABSTRAK***

Penyakit hipertensi secara umum dijumpai di tengah masyarakat di Indonesia, yang apabila tidak terkontrol dapat memicu penyakit degeneratif seperti jantung, stroke, gagal ginjal. Jumlah kasus hipertensi di puskesmas tanjung buntung kota batam tahun 2021 mencapai 502 kasus. Tujuan dari pemberian terapi seduhan bawang putih ini untuk melakukan asuhan keperawatan pada Tn.S penderita hipertensi dengan penerapan seduhan bawang putih di wilayah kerja puskesmas tanjung buntung batam dan dilaksanakan pada tanggal 24 Juni 2024 sampai 28 Juni 2024. Metode yang digunakan pada karya Tulis Ilmiah Profesi ini adalah studi kasus yang dilakukan berdasarkan tahap-tahap asuhan keperawatan ~~evaluasi keperawatan, Terapi asuhan, dan evaluasi, dengan fokus pada~~ Gangguan Pola tidur berhubungan dengan kurangnya kontrol tidur. Bagi petugas kesehatan agar dapat mengembangkan ilmunya mengenai terapi obat-obatan secara non farmakologi bagi penderita hipertensi, seperti seduhan bawang putih.

Kata kunci : Hipertensi, Nyeri Akut, Bawang Putih, Seduhan

***Mitra Bunda Batam Health Institute  
Professional Scientific Paper, September 2024***

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***Study Program : Nursing Profession***

***Title : Gerontic Nursing Care For Mr.S, a Hypertension Patient, with  
the Application of Garlic Infusion Therapy in the Working Area  
of Tanjung Bunting City Health Center, Batam in 2024***

xvii + 115 Pages + 20 Tables + 5 Figures + 2 Schemes + 12 Appendices

### ***ABSTRACT***

Hypertension is generally found in the community in Indonesia, which if not controlled can trigger degenerative diseases such as heart disease, stroke, and kidney failure. The number of hypertension cases at the Tanjung Bunting City Health Center in Batam in 2021 reached 502 cases. The purpose of giving garlic infusion therapy is to provide nursing care for Mr. S, a hypertension patient, with the application of garlic infusion therapy in the working area of the Tanjung Bunting City Health Center in Batam. This was carried out from June 24, 2024, to June 28, 2024. The method used in this Professional Scientific Paper is a case study conducted based on the stages of nursing care, including assessment, diagnosis, intervention, implementation, and nursing evaluation. There are two diagnoses, focusing on Sleep Pattern Disturbance related to lack of sleep control. Healthcare workers are advised to enhance their knowledge of non-pharmacological drug therapy for hypertension patients, such as garlic infusion.

Keywords: Hypertension, Acute Pain, Garlic, Infusion